# **CHICKEN**

Served with cup of soup or salad and potato or rice

#### **Chicken Tenders 18**

Tender strips of all white meat

#### Smothered Chicken 19

Grilled chicken breast topped with mushrooms, onions and melted mozzarella cheese with supreme sauce

#### Cajun Chicken 19

Tender pieces of chicken breast sautéed with onions, green peppers, and tomato in cajun spices

#### Chicken Parmesan 19

Breaded chicken breast with melted cheese & tomato sauce, served with spaghetti

#### Chicken Marsala 19

Chicken breast with mushrooms, garlic and marsala wine

# Chicken Stir Fry 19

Chicken breast and a variety of fresh vegetables sautéed in our own dressing

#### Chicken Florentine 19

Chicken breast sautéed with mushrooms and spinach in a light cream white wine sauce over pasta

# **SEAFOOD**

Served with cup of soup or salad and potato or rice

#### Lemon Salmon 22

Grilled salmon with white wine, lemon, garlic & butter, served with rice & vegetables

### Cajun Salmon 22

Grilled salmon with cajun spices, served with rice topped with cajun vegetables

# **Broiled White Fish 22**

White filet of fish broiled, served with rice and vegetables

#### Lemon Pepper Fish 20

Broiled cod filet with lemon pepper sauce

#### Pan Fried Tilapia 20

Served with rice and vegetables

#### Fish & Chips 18

Cod filets dipped in our own batter

#### Jumbo Shrimp 20

Lightly breaded and deep fried

#### Shrimp Scampi 23

Jumbo shrimp sautéed in white wine, lemon, butter and garlic sauce

# LEBANESE CUISINE

Served with cup of soup or salad and potato or rice

#### Beef Kebob\* 24

Specially marinated, broiled with onions

#### Lamb Kebob\* 25

Specially marinated, broiled with onions

# Chicken Kebob 20

Marinated boneless & skinless chicken breast, broiled to perfection

#### Kafta Kebob\* 20

Ground lamb and beef mixed with onion parsley, herbs & spices broiled to taste

# **Broiled Breast of Chicken 20**

Boneless chicken breast specially marinated and broiled to perfection

#### Chicken Shawarma 20

Marinated breast of chicken cooked on open flame, served with hommus, tomato, lettuce, pickles & garlic spread

\*Cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

# LEBANESE

(continued)

#### Baked Kibbeh 20

Two layers of mixed ground beef, lamb, cracked wheat & spices, filled with sautéed lamb, onions and pine nuts

#### Kibbeh Nayeh\* (Raw) 21

The very Lebanese specialty! Lean and tender, freshly made to your taste

#### Stuffed Grape Leaves 20

Tender vine leaves rolled w/ ground lamb & rice, cooked in seasoned lemon sauce

# Stuffed Cabbage Lebanese Style 20

Ground lamb and rice cooked in seasoned garlic-lemon sauce

#### Gyro Platter 19

Gyros meat, lettuce, tomato, onion and special sauce

#### Green Beans and Lamb 18

Tender pieces of lamb sautéed in olive oil w/ green beans & tomato sauce, served w/ rice

# Stuffed Squash 18

Yellow squash stuffed with seasoned lamb and rice cooked in tomato squee

#### Kibbeh Labnieh 18

Kibbeh balls cooked in yogurt sauce

#### Sheik El Muhshi 18

Eggplant, ground lamb, onion, and pine nuts cooked with tomato fillets, served with rice

Kibbeh Balls Dinner 20

# **VEGETARIAN CUISINE**

Served with cup of soup or salad and potato or rice

# (VG) Mjadra 16

Lentils, rice and onions cooked in olive oil

# (VG) Vegetarian Stuffed Grape Leaves 16

Stuffed with rice, chick peas, chopped tomato, onion and parsley cooked in lemon sauce

# VG Vegetarian Stuffed Cabbage 16

Lebanese style! Stuffed with rice, chopped tomato, onion and parsley cooked in lemon sauce

# (VG) Falafél Platter 16

Fried or baked patties served with lettuce, tomato and falafél sauce

# Vegetarian Spaghetti 15

Served with our special homemade sauce

# Greek Moussaka 17

Eggplant, squash, mushrooms, onions and diced tomato, topped with béchamel sauce

# Greek Spinach Pie 17

Blend of spinach, onions, feta cheese and fresh dill in phyllo dough

# Eggplant Parmesan 17

Eggplant lightly breaded topped with homemade marinara sauce and melted mozzarella cheese

### Artichoke Pie 17

Blend of artichoke heart, onions, feta cheese and fresh dill in phyllo dough

# VG Vegetarian Kebob 18

Assorted, marinated vegetables, charbroiled to perfection

# **DESSERTS**

# Rice pudding 6 Baklava 4.25

Ask your server about our wide variety of desserts

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# FRESHLY SQUEEZED JUICES

### Fruit Smoothie 8

Pineapple, strawberry, honey, banana, mango

#### Strawberry Daiquiri 8

Strawberry, lime juice, sugar

### Strawberry Colada 8

Strawberry, pineapple juice, coconut cream

#### Energizer 8

Milk, strawberry, banana, honey

#### Carrot Smoothie 8

Carrot, banana, honey

# Apple Smoothie 8

Apple, banana, honey

# Orange Freeze 8

Orange, banana, honey, strawberry

# Caribbean Splash 8 Pineapple, guava, mango

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Honolulu Cocktail 8
Pineapple, orange, lemon juice, sugar

#### Banana Colada 8

Banana, pineapple juice, coconut cream

Apple Juice 8

Carrot Juice 8

### Anti-Virus Cocktail 8

Apple, orange

# Blood Regenerator 8 Apple, carrot

Digestive Cocktail 8

# Orange, grapefruit, lemon

Morning Sunrise 8
Grapefruit, orange, strawberry

# Eve Opener 8

Carrot, celery

# Tasty Cocktail 8 Apple, lemon

Guava (imported) 8

# Mango (imported) 8

# BEVERAGES

Coffee, Hot Tea, Herbal Tea or Hot Chocolate Soft Drinks, Iced Tea or Iced Coffee

Turkish coffee

Milk, white or chocolate

#### Juice

 $(Apple,\,Orange,\,Tomato)$ 

# SOUPS

Soup du Jour Cup 5 Bowl 6

(© Lemon Lentil Cup 5 Bowl 6 Clam Chowder (Fridays Only) Cup 5.50 Bowl 7.50

(vG) = Vegan



# LUNCH CARRYOUT MENU

38550 Van Dyke Sterling Heights, MI 48312

Phone: 586-979-4460

Fax: 586-979-0908

www.ikesrestaurant.com

# APPETIZERS and SIDES

Saganaki "Flaming Cheese" 12

#### Starter Plate 21

Calamari, jumbo shrimp, cheese sticks, chicken tenders and wing dings

#### Calamari 13

Fried baby squid, served with lemon and ammoglio sauce

# VG Vegetarian Plate 22

Hommus, baba ghanouge, tabbouleh, fattoush, vegetarian grape leaves, vegetarian cabbage rolls, and falafél

# (VG) (less feta) Mediterranean Plate 15

Roasted peppers, feta cheese, black olives, and eggplant salad

# Fresh Mozzarella and tomatoes slices 11

Sprinkled with extra virgin olive oil and fresh basil

# Cheese Sticks 10

Fried breaded mozzarella cheese

#### **Chicken Tenders 11**

#### Chicken Sautée 12

Pieces of chicken breast sautéed with garlic, cilantro, herbs, spices, and lemon

# Wing Dings 12

### Jumbo Shrimp 13

Breaded jumbo shrimp sautéed in olive oil, served with cocktail sauce

#### Shrimp Cremosa 15

Lightly breaded jumbo shrimp sautéed in lemon cream sauce with a hint of garlic

### Maganiq 12

Quality of lamb sausages, pan seared served with lemon

# (VG) Hommus B'Tahini 11 sm. 9

Blended chick peas, tahini, garlic and lemon

# Hommus with Topping 16 sm. 13

Topped with sautéed lamb, onion and pine nuts

# VG Hommus with Vegetables 14

Generous mix of fresh vegetables with our hommus dip

# WG Garlic Spread 11 sm. 9 Blended garlic, olive oil and lemon

# WG Baba Ghannouge 13 sm. 11 Baked eggplant, tahini, garlic and lemon

# Baba with Topping 16 sm. 13

Topped with sautéed lamb, onion and pine nuts

# (VG) Falafél Patties (4) 9

Ground chick peas, fava beans, vegetables, herbs, and spices deep fried or baked

#### Labneeh with Garlic 13 sm. 10

#### Kibbeh Naveh\* (Raw) 13

The very Lebanese specialty. Freshly made to your own taste

#### Side of Kibbeh Balls 10

Ground lamb and beef mixed with cracked wheat and spices, stuffed with sautéed lamb, onion, and pine nuts

# Meat Pie or Spinach Pie (2) 10

Side of Grape Leaves (meat or vegetarian) 10

#### Side of Baked Kibbeh 10

Side of Cabbage Rolls (meat or vegetarian) 10

# Side of topping: 9

Sautéed Lamb, onions, pine nuts and spices

#### Side of Feta Cheese and Black Olives 9

Side of Potato, Rice or Vegetable 5

#### Yogurt cup 4 bowl 6

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# FRESH GARDEN SALADS

### Chef Salad 12 small 10

Ham, turkey, swiss cheese, american cheese, and hard boiled egg over bed of lettuce

# (VG) (less feta) Greek Salad 13 small 11

#### With chicken 17 small 15

Fresh lettuce, tomatoes, hot peppers, cucumbers, chick peas, olives, beets, and feta cheese

# VG Lebanese Salad 11 small 10 With chicken 16 small 13

Lettuce, tomatoes, cucumbers, parsley, and mint tossed with our special dressing

# WG Fattoush Salad 11 small 10 With chicken 16 small 13

Toasted pita, lettuce, cucumbers, parsley, tomatoes, mint. & onions with our special dressing

# (VG) Eggplant Salad 13 small 11

Eggplant, tomatoes, onions, parsley, garlic in olive oil & lemon juice

# (VG) Tabbouleh Salad 13 small 11

Chopped parsley, tomatoes, onions, & mint mixed with cracked wheat in our special dressing

# (VG) Falafél Salad 16

Baked or fried. Combination of tabbouleh, fattoush, hommus, falafél patties, & tahini sauce

# Chicken Shawarma Salad 16 small 13

Marinated charbroiled chicken breast cooked on open flame

# Mandarin Chicken Salad 16 small 13

Grilled chicken over bed of greens, mandarin oranges, onions, peppers, & almonds served w/ poppy seed dressing

#### Chicken Caesar Salad 16 small 13

Tossed in caesar dressing with parmesan cheese, and croutons

#### Southern Chicken Salad 16 small 13

Chicken breast on bed of greens, black olives, diced tomatoes, bacon, and cheddar cheese with choice of dressing

# VG Tossed Salad 7

# **SANDWICHES**

Hamburger\* (1/2lb) Angus meat 10

Cheeseburger\* Angus meat 11

**Bacon Cheeseburger\* Angus meat 13** 

Patty Melt\* (1/2 pound) 11

#### BLT 10

**Filet of Fish:** Cod filet, lettuce, tomato, and tartar sauce 11

Fresh Turkey Sandwich: Turkey breast, lettuce, and tomato 11

#### Chicken Breast Sandwich 11

In pita...add \$1.25 With cup of soup...add \$4 With french fries...add \$4 With french fries and coleslaw...add \$5

# HOT SANDWICHES

Served on open-faced bread with mashed potatoes and vegetable

#### **Hot Turkey Sandwich 12**

Generous portion of white breast of turkey

# Hot Beef Sandwich 12

Tender roast beef

# DELI AND CLUB SANDWICHES

Served with French fries or cup of soup

#### Regular Club 12

Triple decker turkey, bacon, lettuce and tomato

#### Deli Club 12

Tripledecker turkey, ham, cheese, tomato and lettuce

#### Corned Beef Club 12

Triple decker turkey, corned beef, cheese, lettuce and tomato

#### Reuben 12

Served on grilled rye bread

# PITA SANDWICHES

# (VG) Falafél Sandwich 7

A vegetarian's delight! Deep fried or baked patties of ground chick peas, fava beans, vegetables, herbs, and spices with special falafél sauce

# VG Super Falafél Sandwich 8 Falafél, tabbouleh, and hommus

(VG) Tabbouleh and Hommus Sandwich 7

(VG) Super Vegetarian Sandwich 8
Hommus, tabbouleh, eggplant, lettuce, tomato, and special dressing

# Stuffed Cabbage Sandwich vegetarian or meat 8

Stuffed Grape Leaves Sandwich vegetarian or meat 8

# Baked Kibbeh Sandwich 8

Ground lamb and beef mixed with cracked wheat, served with lettuce, tomato, and yogurt dressing

# Kafta\* Sandwich 8

A mix of ground lamb, beef, onion, parsley and seasonings, broiled and served with lettuce, tomato and hommus

# Beef Kebob\* Sandwich 9

Lamb Kebob\* Sandwich 10

Chicken Kebob Sandwich 8

Kibbeh Nayeh\* (Raw) Sandwich 10

### Gyro Sandwich 8

Gyros meat, lettuce, tomato, and dressing

Chicken Gyro Sandwich 8

Chicken Shawarma Sandwich 8

# KIDS CLASSICS

For Our Guests 10 & Under • Includes Small Soft Drink or Milk

Chicken Strips and French Fries 10 Fish and Chips 10

Cheeseburger and French Fries 10 Grilled Chicken and Mashed Potatoes & Vegetables 10

Cheese Ouesadilla 10

Spaghetti 10

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# COMBINATION PLATES

Beef Kebob\* Combo Beef kebob, hommus, salad, and rice 19

Lamb Kebob\* Combo Lamb kebob, hommus, salad, and rice 20

Chicken Kebob Combo Chicken kebob, hommus, salad, and rice 17

Kafta Kebob\* Combo Kafta kebob, hommus, salad, and rice 17

Chicken Shawarma Combo Shawarma, hommus, salad and rice 17

Baked Kibbeh Combo Baked kibbeh, hommus, salad and rice 17

Kibbeh Balls Combo Kibbeh balls, hommus, salad, and rice 17

### Kibbeh Nayeh\* (Raw) Combo

Kibbeh nayeh\*(raw), hommus, salad, and rice 19

Grape Leaves Combo Grapeleaves, hommus, salad, and rice 17

Cabbage Combo Cabbage, hommus, salad, and rice 17

VG Falafél Combo Falafel, hommus, salad, and rice 17

# Gyros Combo Gyros meat, hommus, salad, and rice 17 (VG) Vegetarian Kebob Combo 17

Assorted marinated vegetables charbroiled to perfection, hommus, salad, and rice

# STEAKS & CHOPS

Served with cup of soup or salad and potato or rice

# Lamb Chops\* 33

Very tender special cut trimmed and broiled

#### Lamb Shank 27

Barbeque Baby Back Ribs 1/2 slab 19 full slab 31

# **VEAL & PASTA**

Served with cup of soup or salad and potato or rice

# Veal Parmesan\* 21

Very lightly breaded topped with marinara sauce and melted mozzarella cheese

# Veal Marsala\* 21

Veal sautéed with mushrooms in a marsala wine sauce

Spaghetti Olio 16 Spaghetti pasta tossed with olive oil, garlic and our seasoning Spaghetti with Homemade Meat Sauce 17

Fettuccini Alfredo 16 With chicken...add \$6 With vegetables...add \$6 With shrimp...add \$9

# Pasta Orleans 16

Fettuccini noodles, tossed with olive oil, garlic, crushed red pepper, wine and hint of cream

With chicken...add \$6 With vegetables...add \$6 With shrimp...add \$9

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